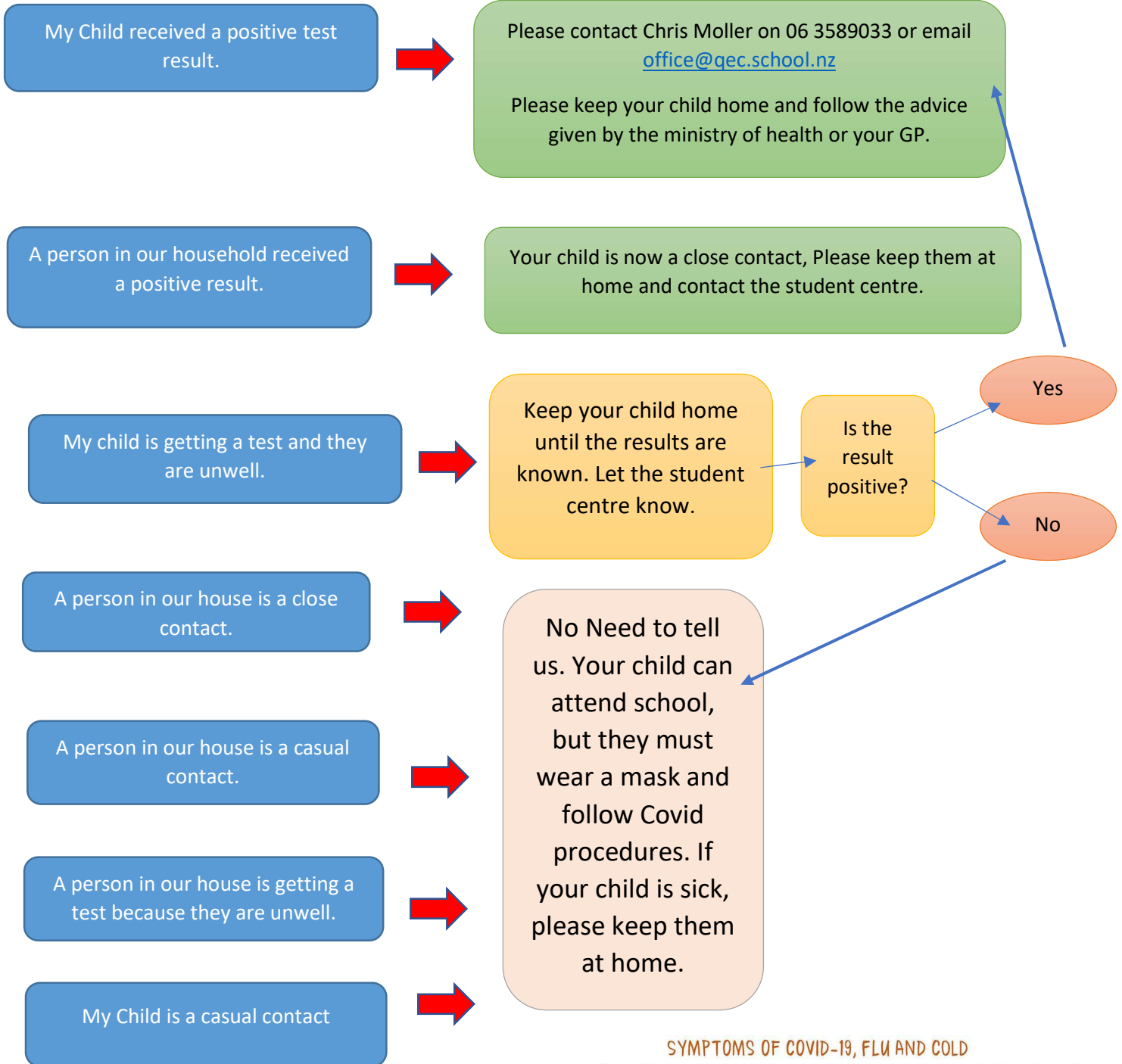


# What do I need to do if ....?



**CORONAVIRUS HEALTH ADVICE**  
 visit [www.health.govt.nz](http://www.health.govt.nz)  
 call 0800 358 5453



For international SIMs call +64 9 358 5453

SYMPTOMS OF COVID-19, FLU AND COLD

	DRY COUGH	FEVER	RUNNY NOSE	SORE THROAT	BREATH-LESSNESS	HEADACHE	BODY ACHES	SNEEZE	FATIGUE	DIARRHOEA
COVID-19	✓✓✓	✓✓✓	~	✓✓	✓✓✓	✓✓	✓✓	~	✓✓	~
FLU	✓✓✓	✓✓✓	✓✓	✓✓	✗	✓✓	✓✓	✗	✓✓	✓✓
COLD	✓	~	✓✓✓	✓✓	✗	~	✓✓	✓✓	✓✓	✗

✓✓✓ FREQUENTLY    ✓✓ SOMETIMES    ✓ LITTLE    ~ RARE    ✗ NOT

@STOUXSEW @XTOTL thespinoфф.co.nz

SOURCE: WHO, CDC

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FOR THE LATEST INFO PLEASE SEE [who.int](http://who.int) or [health.govt.nz](http://health.govt.nz)